

















CRAIGHEAD

DIOCESAN SCHOOL

Remote Learning - Parent Information Sheet

Teachers at Craighead use a variety of platforms to enhance the educational experience of your daughter/s. Staff will continue to use these methods of communication to continue to provide support and ongoing learning opportunities. These methods include:

 G Suite	 Gmail	 Zoom	 Google Meet	 Study Ladder	 Messenger	 Google Hangouts
 Career Central	 Adobe	 OneNote	 Linguascope	 Dropbox	 Instagram	 Education Perfect

How will online learning work? Your daughter's teachers will post work on the platform that they have advised her they are using. Online learning means that teachers will be working with all their students at the same time potentially, so we do ask for patience with regards email responses. Some of our teachers will be working with up to 100 students at the same time.

1. Check her school email every morning – the platforms her teachers are using will email her notifications
2. Create a timetable for her day/week. A routine will help your daughter settle into her work more readily. Use her existing school timetable to provide her, and you, with some guidance around this if you need, but remember she still needs breaks.
3. Remain refreshed by drinking water, eating healthy foods and making time for some form of physical activity. Our Director Of Sport, Mrs Cunningham and HOD Health Ms Fairbrother posted some online fitness ideas in 2020 and these are still available on the Craighead Wellbeing Instagram page. Doing something creative, such as painting, gardening or practising an instrument will also help keep your daughter's mind active.
4. Help her create a quiet place to work – this could be her bedroom, a study or a spare room. Her space should be warm, well-lit and comfortable; it also needs to be free from distractions!
5. Your daughter will need to have access to a computer or a laptop. Her phone screen is too small for online learning and we do not recommend that this is used as a learning tool in an online learning environment.
6. Encourage her to enlist a support person, someone who will check in on her and encourage her to remain on task. Ask her to share her work plan/timetable with her support person – this could be you or a friend from school. Managing her screen time will be essential to productive online learning – if she already spends considerable time on games or social media then having a good support person to help her manage your time effectively will be key to her success.
7. To limit your daughter's time on her phone and avoid distractions check out the Forest Stay Focussed App and the Flora – Green Focus App. These Apps plant trees and create forests while you are not on your phone, as soon as the phone is used the trees/forest die. This is a fun way to help your daughter not use her phone whilst working

Craighead is committed to providing an online learning environment that provides our students access to a safe, collaborative online community of learners. As in our physical classrooms we ask that students observe our RISE values or Respect, Integrity, Service and Excellence. This site also has some very good ideas for learning online whilst at home [Study.com](https://www.study.com). During any school closures the usual support networks will be available. You can still contact your Dean and Guidance Counsellor, their details are here:

Years 7 & 8: [Mrs Sonia Ottley](#)
Year 9: [Mrs Susan Tregenza](#)
Year 10: [Mrs Kim Fairbrother](#)
Year 11: [Mrs Holly Scott](#)

Year 12: [Mrs Claire Spiers](#)
Year 13: [Ms Lara Hearn](#) (Academic), [Mr Andrew Jones](#) (Pastoral)
Guidance: [Mrs Jo Grace](#)



WE ARE CRAIGHEAD

KO CRAIGHEAD KI A MĀTOU